



BATHROBE PATRIOT
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FOOTBALL WEEKEND PLAYBOOK

THE FOOTBALL SUNDAY GUIDE PACK

**47 NO-BS GAME-DAY PICKS
FOR WHAT TO GRILL, POUR & SMOKE**

WINGS • BURGERS • BOURBON • CIGARS

BY ERIC WEBBER
3× BEST CHEF OF TAMPA BAY

THE WEEKEND IS THE PRODUCT.
BATHROBEPATRIOT.COM

BOURBON AND CIGAR CONTENT FOR ADULTS 21+. DRINK RESPONSIBLY. CIGARS CONTAIN NICOTINE AND ARE NOT RISK-FREE.

THE NO-BS

GAME-DAY WING

RUB GUIDE

10 PALEO DRY RUBS • NO REFINED SUGAR

REAL WINGS. REAL FLAVOR. NO MONDAY REGRETS.



ONE SIMPLE BASE. TEN WAYS TO WIN.

FOR EVERY RECIPE: 2 LB WINGS + 1 TBSP AVOCADO OIL + 1 FULL BATCH OF RUB

Pat completely dry • Toss with oil, then rub • Cook in one uncrowded layer

1

FLORIDA CITRUS PEPPER

- 2 tbsp smoked paprika
- 2 tsp coarse sea salt
- 2 tsp freshly ground black pepper
- 2 tsp garlic powder
- 1 tsp onion powder
- 1 tsp dried orange zest
- 1 tsp dried lemon zest
- ½ tsp dried thyme
- ½ tsp dried oregano

2

STEAKHOUSE GARLIC HERB

- 2 tbsp garlic powder
- 1 tbsp smoked paprika
- 2 tsp onion powder
- 2 tsp sea salt
- 2 tsp cracked black pepper
- 1 tsp dried parsley
- 1 tsp crushed dried rosemary
- ½ tsp dried thyme

3

NASHVILLE PALEO HEAT

- 2 tbsp paprika
- 1–2 tsp cayenne pepper
- 2 tsp smoked paprika
- 2 tsp garlic powder
- 2 tsp sea salt
- 1 tsp onion powder
- 1 tsp black pepper
- ¼–½ tsp chipotle powder

4

NO-SUGAR SMOKY BBQ

- 2 tbsp smoked paprika
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp sea salt
- 2 tsp chili powder
- 1 tsp ground cumin
- 1 tsp black pepper
- ½ tsp mustard powder

5

CAJUN BAYOU

- 2 tbsp paprika
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp dried oregano
- 2 tsp dried thyme
- 2 tsp sea salt
- 1 tsp cayenne pepper
- 1 tsp black pepper

6

SOUTHWEST CHIPOTLE

- 1 tbsp chipotle powder
- 2 tbsp smoked paprika
- 2 tsp ground cumin
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp sea salt
- 1 tsp ground coriander
- 1 tsp black pepper

7

LEMON HERB

- 2 tbsp dried lemon zest
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp dried parsley
- 2 tsp dried thyme
- 1 tsp crushed rosemary
- 2 tsp sea salt
- 1 tsp black pepper

8

COFFEE COCOA SMOKE

- 2 tbsp finely ground coffee
- 2 tbsp smoked paprika
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp sea salt
- 2 tsp black pepper
- 1 tsp unsweetened cocoa powder
- ½ tsp ground cinnamon

9

MEDITERRANEAN HERB

- 2 tbsp dried oregano
- 2 tbsp dried parsley
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp sea salt
- 1 tsp crushed rosemary
- 1 tsp dried thyme
- 1 tsp black pepper

10

CAROLINA PEPPER-VINEGAR

- 2 tbsp paprika
- 2 tsp black pepper
- 2 tsp garlic powder
- 2 tsp onion powder
- 2 tsp sea salt
- 1 tsp mustard powder
- 1 tsp cayenne pepper
- ½ tsp ground celery seed
- **Finish: 1–2 tbsp apple cider vinegar**

CRISPY WING QUICK START

AIR FRYER 380°F 18–22 MIN → 400°F 4–8 MIN

OVEN 425°F 40–50 MIN → BROIL 1–3 MIN IF NEEDED

Turn halfway. Do not crowd. Cook chicken to at least 165°F internal temperature.

RECIPES BY ERIC WEBBER • 3x BEST CHEF OF TAMPA BAY

BATHROBEPATRIOT.COM/HEALTHY-FOOTBALL-WINGS



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FOOTBALL WEEKEND PLAYBOOK

THE NO-BS GAME-DAY BURGER GUIDE

15 BUILDS • EVERY KICKOFF • EVERY APPETITE
BUILD THE BURGER AROUND THE GAME. NOT THE OTHER WAY AROUND.



THE CHEF'S BURGER FORMULA.

80/20 BEEF • KEEP IT COLD • SEASON RIGHT BEFORE COOKING • HIGH HEAT • TOAST THE BUN
SMASH ONCE. FLIP WHEN THE CRUST IS READY. STOP PRESSING IT.

1 BATHROBE PATRIOT CLASSIC SMASHBURGER

BEST OVERALL

BUILD: Two 3-oz 80/20 patties • American • pickles • onion • sauce • potato bun

PAIR: Old Forester 100

BEST: Any game. Any crowd. Any excuse.

2 OKLAHOMA ONION BURGER

BEST FOR A CROWD

BUILD: Two 3-oz beef patties • shaved onion • American • mustard • pickles • soft bun

PAIR: Evan Williams Bottled-in-Bond

BEST: Large afternoon watch party

3 TEXAS CHILI-CHEDDAR BURGER

BEST SPICY

BUILD: 6-oz beef • thick no-bean chili • sharp cheddar • red onion • jalapeños • mustard

PAIR: Wild Turkey 101

BEST: Cold weather or late kickoff

4 BACON JALAPEÑO BOURBON BURGER

BEST WITH BOURBON

BUILD: 6-oz beef • bacon • cheddar or pepper jack • jalapeños • bourbon onion jam • brioche

PAIR: Knob Creek 9 or Woodford Reserve

BEST: Sunday night football

5 STEAKHOUSE MUSHROOM BURGER

BEST RICH

BUILD: 6-oz beef • mushrooms • caramelized onion • provolone or Swiss • garlic mayo

PAIR: Woodford Reserve or Elijah Craig

BEST: Late game

6 CAROLINA PEPPER-VINEGAR BURGER

BEST SOUTHERN-STYLE

BUILD: Beef • pepper-vinegar slaw • pickles • mustard • crispy onions • toasted bun

PAIR: Old Forester 100

BEST: Warm Florida afternoon

7 NASHVILLE HOT CHICKEN BURGER

BEST CHICKEN OPTION

BUILD: Chicken thigh • Nashville seasoning • pickles • slaw • hot oil • toasted bun

PAIR: Wild Turkey 101

BEST: Spicy-food crowd

8 BLACK-AND-BLUE BURGER

BEST PREMIUM

BUILD: Thick beef • blackening spice • blue cheese • caramelized onion • arugula • garlic mayo

PAIR: Knob Creek 9 or Elijah Craig

BEST: Prime-time game

9 BBQ BACON BURGER

BEST SMOKY

BUILD: Beef • bacon • cheddar • no-sugar BBQ • pickles • crispy onion • toasted bun

PAIR: Oak-and-caramel bourbon

BEST: Backyard full-day setup

10 CUBAN-STYLE BURGER

BEST FLORIDA

BUILD: Beef • roasted pork • Swiss • pickles • yellow mustard • Cuban bread

PAIR: Balanced bourbon

BEST: Florida watch party

11 BREAKFAST KICKOFF BURGER

BEST EARLY-GAME

BUILD: Beef • fried egg • bacon • cheddar • avocado • hot sauce • English muffin

PAIR: Coffee now. Mild bourbon later.

BEST: Early kickoff or London game

12 PATTY MELT

BEST DINER-STYLE

BUILD: Thin beef • caramelized onions • Swiss • rye bread • mustard • butter

PAIR: Buffalo Trace

BEST: Rainy indoor game

13 GREEN CHILE BURGER

BEST BOLD REGIONAL

BUILD: Beef • roasted green chiles • pepper jack • red onion • avocado • lime mayo

PAIR: Spicy bourbon

BEST: Late-afternoon patio game

14 BUNLESS PALEO BURGER

BEST REAL-FOOD OPTION

BUILD: Two beef patties • bacon • fried egg • mushrooms • avocado • grilled onion • pickles

PAIR: Neat bourbon

BEST: Football food without Monday damage

15 DOUBLE-STACK PLAYOFF BURGER

BEST PLAYOFF

BUILD: Three 3-oz smash patties • three American slices • bacon • grilled onions • pickles • sauce

PAIR: Higher-proof bourbon

BEST: Playoffs. No plans afterward.

FEED THE CROWD WITHOUT MISSING KICKOFF.

4 PEOPLE:

1½–2 LB BEEF • 6–8 BUNS •
8–12 CHEESE SLICES

8 PEOPLE:

3½–4 LB BEEF • 12–16 BUNS •
20 CHEESE SLICES

12 PEOPLE:

5½–6 LB BEEF • 18–24 BUNS •
30 CHEESE SLICES

PLAN 6–8 OZ RAW BEEF PER ADULT. EXTRA FOOD BEATS SPLITTING THE LAST HOT DOG.

RECIPES BY ERIC WEBBER • 3× BEST CHEF OF TAMPA BAY
[BATHROBEPATRIOT.COM/ULTIMATE-FOOTBALL-BURGER-GUIDE](https://bathrobeatriot.com/ultimate-football-burger-guide)

BOURBON PAIRINGS FOR ADULTS 21+. PLEASE DRINK RESPONSIBLY.



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FOOTBALL WEEKEND PLAYBOOK

THE NO-BS GAME-DAY BOURBON GUIDE

7 BOTTLES • 6 ROLES • NO CHAOS
POUR SOMETHING USEFUL. SAVE THE MUSEUM BOTTLES.



MATCH THE BOTTLE TO THE JOB.

WORKHORSE • COCKTAILS • GUESTS • STEAK • WINGS + BBQ • HALFTIME CIGAR

1 WILD TURKEY 101

BEST OVERALL • THE WORKHORSE
101 PROOF

FLAVOR: Caramel • vanilla • oak • spice • rye bite
SERVE: Neat • big cube • Old Fashioned • simple highball
PAIR: Burgers • smoked wings • steak bites • peppery cigars
GAME: All day. Put it on the table and let it work.

2 OLD FORESTER 100

BEST OLD FASHIONED • THE COCKTAIL BOTTLE
100 PROOF

FLAVOR: Brown sugar • baking spice • oak • orange-friendly sweetness
SERVE: Batch Old Fashioneds before kickoff
PAIR: Wings • ribs • burgers • medium-bodied cigars
GAME: Strong enough to survive bitters, citrus, sugar, and ice.

3 EVAN WILLIAMS BOTTLED-IN-BOND

BEST BUDGET BOURBON FOR GUESTS
100 PROOF • BOTTLED-IN-BOND

FLAVOR: Caramel • vanilla • oak • citrus • black pepper
SERVE: Cola • ginger • simple cocktails • over ice
PAIR: Burgers • salty snacks • the guest who says “whatever you have”
GAME: The smart host bottle. No judgment. No panic. No regret.

4 KNOB CREEK 9 YEAR

BEST WITH STEAK • THE NIGHT-GAME BOTTLE
9 YEARS • 100 PROOF

FLAVOR: Oak • vanilla • caramel • peanut • baking spice
SERVE: Neat or over one large cube
PAIR: Ribeye • brisket • burgers • full-bodied cigars
GAME: When the grill is handled and the steak has rested.

5 ELIJAH CRAIG SMALL BATCH

BEST WITH WINGS + BBQ
94 PROOF

FLAVOR: Caramel • vanilla • toasted oak • baking spice
SERVE: Neat • over ice • Old Fashioned
PAIR: Buffalo wings • smoked wings • ribs • pulled pork
GAME: Familiar, dependable, and built for real football food.

6 RUSSELL'S RESERVE 10 YEAR

HALFTIME CIGAR PICK
10 YEARS • 90 PROOF

STYLE: Balanced oak • spice • sweetness • clean finish
SERVE: Neat
PAIR: Medium cigar • cedar • cocoa • roasted nuts
GAME: The chair-back, game-on, phone-down patio pour.

7 FOUR ROSES SMALL BATCH

HALFTIME CIGAR PICK • SMOOTHER OPTION
90 PROOF

STYLE: Balanced • flavorful • approachable • not too hot
SERVE: Neat or over one large cube
PAIR: Medium cigar • coffee • lighter game-day food
GAME: Strong enough to matter. Smooth enough for a long Sunday.

THE NO-BS FOOTBALL SUNDAY DRINKING RULES.

1 MEAT FIRST.

2 WATER BETWEEN POURS.

3 SAVE THE GOOD BOTTLE UNTIL YOU CAN TASTE IT.

4 MEASURE THE POUR.

5 MONDAY STILL COUNTS.

FOOTBALL SUNDAY IS A MARATHON. DO NOT START LIKE YOU ARE SPRINTING FROM A BURNING BUILDING.

CURATED BY ERIC WEBBER • THE BATHROBE PATRIOT
[BATHROBEPATRIOT.COM/BEST-BOURBON-FOR-FOOTBALL-SUNDAY](https://bathrobpatriot.com/best-bourbon-for-football-sunday)

FOR ADULTS 21+. DRINK RESPONSIBLY. NEVER DRINK AND DRIVE.



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THE NO-BS GAME-DAY CIGAR GUIDE

15 PICKS • EVERY KICKOFF • EVERY STRENGTH
MATCH THE CIGAR TO THE CLOCK. NOT THE HYPE.



MATCH THE CIGAR TO THE CLOCK.

NOON: MILD • LATE AFTERNOON: MEDIUM • NIGHT GAME: RICH + BOURBON-READY

1 OLIVA SERIE O ROBUSTO

BEST OVERALL

MEDIUM | 45–65 MIN

Cedar • earth • pepper • coffee

PAIR: Balanced bourbon + BBQ wings

2 AJ FERNANDEZ NEW WORLD OSCURO

BEST WITH BOURBON

MED–FULL | 50–70 MIN

Dark cocoa • earth • espresso • pepper

PAIR: High-proof bourbon + smoked food

3 PERDOMO 10TH ANNIV. CHAMPAGNE

BEST MILD

MILD | 50–70 MIN

Cream • nuts • cedar • soft spice

PAIR: Wheated bourbon + lemon-herb wings

4 BRICK HOUSE MADURO

BEST AFFORDABLE MADURO

MED–FULL | 45–65 MIN

Cocoa • earth • pepper • coffee

PAIR: Kentucky bourbon + smoked wings

5 OLIVA SERIE V ROBUSTO

BEST WITH SPICY WINGS

MED–FULL | 50–70 MIN

Pepper • dark coffee • earth • cocoa

PAIR: Wild Turkey 101 + Nashville heat wings

6 ARTURO FUENTE HEMINGWAY SHORT STORY

BEST HALFTIME SMOKE

MEDIUM | 30–45 MIN

Cedar • baking spice • toast • nuts

PAIR: Balanced bourbon + lemon-herb wings

7 DREW ESTATE UNDERCROWN MADURO

BEST BALANCED MADURO

MED–FULL | 55–75 MIN

Cocoa • earth • espresso • dark fruit

PAIR: Oak-forward bourbon + BBQ wings

8 ROCKY PATEL VINTAGE 1990 ROBUSTO

BEST SMOOTH MEDIUM

MEDIUM | 50–70 MIN

Toast • cocoa • cedar • nuts

PAIR: Balanced bourbon + garlic-herb wings

9 MY FATHER FLOR DE LAS ANTILLAS

BEST COCOA + SPICE

MEDIUM | 50–75 MIN

Cocoa • pepper • cream • cedar

PAIR: Rye-forward bourbon + coffee-cocoa wings

10 MACANUDO INSPIRADO WHITE

BEST FOR BEGINNERS

MILD | 45–65 MIN

Cream • cedar • mild spice • toast

PAIR: Coffee + citrus wings

11 PADRÓN 1964 ANNIVERSARY SERIES

BEST PREMIUM

STRENGTH VARIES | 60–90 MIN

Cocoa • coffee • cedar • dried fruit

PAIR: Mature bourbon + ribeye

12 AJ FERNANDEZ NEW WORLD CONNECTICUT

BEST MILD NICARAGUAN

MILD | 45–65 MIN

Cream • cedar • toast • mild pepper

PAIR: Light bourbon + citrus wings

13 BRICK HOUSE DOUBLE CONNECTICUT

BEST BUDGET MILD

MILD | 45–65 MIN

Cream • toast • cedar • gentle spice

PAIR: Coffee + herb-forward wings

14 DREW ESTATE UNDERCROWN SHADE

BEST CREAMY MODERN

MILD | 50–70 MIN

Cream • toast • cedar • white pepper

PAIR: Softer bourbon + lemon-herb wings

15 MY FATHER THE JUDGE

BEST FULL-BODIED PLAYOFF CIGAR

FULL | 70–100 MIN

Dark cocoa • espresso • pepper • leather

PAIR: Barrel-proof bourbon + chipotle wings

CHOOSE THE SIZE THAT FITS THE GAME.

SHORT: 30–45 MIN • ROBUSTO: 45–70 MIN • TORO: 60–90 MIN • CHURCHILL: 90+ MIN

Smoke slowly. Do not inhale. Eat first—especially before a stronger cigar.

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FOR ADULTS OF LEGAL TOBACCO-PURCHASING AGE. CIGARS CONTAIN NICOTINE AND ARE NOT RISK-FREE.



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